## LITHUANIAN ATHLETIC FEDERATION'S CUP LITHUANIAN SPORTS CLUB CUP

## REGULATION

Time and place: 29 of January 2011

Vilnius Indoor Arena (Žemaitės g. 6, Vilnius)

Management and Organization:

The competition is organized and managed by the Athletic Federation of

Lithuania. The competition Director – Aurelijus Žiedas (mob.

+37068585161), Chief Judge – Evaldas Martinka (mob. +37065028225).

Participants: All the best Lithuanian athletes and teams of sports clubs.

The competition programme:

Women - 60 m, 400 m, 800 m, 1500 m, 3000 m, 60 m H, High Jump,

Long Jump, Triple Jump, Shot Put

Men - 60 m, 400 m, 800 m, 1500 m, 3000 m, 60 m H, High Jump,

Long Jump, Triple Jump, Shot Put

Prizes: Winner in each event (1<sup>st</sup> place) will be presented with diplomas and the

Federation's prizes.

Financial conditions: The best Latvian athletes are invited to take part in the competition. The

organizers will cover accommodation expenses for 12-13 Latvian athletes.

Arriving team is responsible for travel and catering expenses.

Contact: info@laf.lt